

Weight Watchers® at Work 12-Week Series Partial Reimbursement Program Frequently Asked Questions

How much does the 12-week series cost?

The cost for the 12-week series with 14 weeks of free e-Tools is \$165.00 per person. To qualify for the 14 weeks of free e-Tools, you must join at the beginning of the 12-week series. The entire program fee must be paid by the first meeting, either in full or three upfront payments of \$55.00 each, which will be deposited one month apart (on weeks 1, 5 & 10).

What does the reimbursement include?

Being Well at Yale will reimburse eligible employees that meet the program criteria \$55.00, which is one-third of the program cost. The reimbursement cost is a fringe benefit that is considered taxable income by the Internal Revenue Service. The amount reimbursed will be included as taxable income in your paycheck and listed as "Health Rebate Taxable."

Who is eligible to receive the partial reimbursement?

To be eligible for the partial reimbursement, you must be a benefited Yale employee with a valid net ID, pay for the program in full, attend at least 10 of the 12 week sessions, and complete the *Partial Reimbursement Request and Feedback Form*. Reimbursement is not available to Lifetime Members as they are able to attend meetings at no cost per Weight Watchers® policy or to those employees who have been prorated.

Is the partial reimbursement based on how much weight I lose?

No. Partial reimbursement is not based on your weight.

What if I join after the 12-week series has started?

While you can join the series after it has started, you will not be eligible for the reimbursement if you do not join during the first two weeks.

How do I receive my partial reimbursement?

Being Well at Yale will contact Weight Watchers® to verify that you attended at least 10 of the 12 week sessions. To receive partial reimbursement, you must complete and submit a *Partial Reimbursement Request and Feedback Form* online at beingwell.yale.edu under the Weight Watchers® at Work page. A hard copy of this form is also available by email request to beingwell@yale.edu

Requests for partial reimbursement must be submitted within 10 days of program completion, as per University reimbursement policy. After submitting for reimbursement, you can expect to receive your reimbursement within two pay periods.

Why do I need to complete the program questionnaire?

We value your input and your feedback is important. The information will be used to help support future weight management programs through Being Well at Yale. All individual information will remain confidential. Participating in the partial reimbursement program is voluntary. There is no obligation to complete the documentation or participate in the partial

reimbursement program. You can still enroll in the 12-week series without participating but you will not receive the partial reimbursement of the enrollment cost.

How many times can I submit for partial reimbursement?

Employees can submit for partial reimbursement each time they meet the criteria as explained above. Continuation of the partial reimbursement program will be based on employee interest and available funding.

Can I attend meetings in the community instead of at the worksite and still receive the reimbursement?

During the 12-week series, all meetings need to be attended at the worksite to receive the partial reimbursement.

What if I miss more than 2 sessions due to work-related travel?

Additional sessions that are missed for work-related travel will be addressed on a case-by-case basis. Please contact beingwell@yale.edu

What if I cannot complete the entire 12-week session?

You might consider participating in a future group or joining the Monthly Pass program through the School of Medicine which offers the flexibility of attending meetings either “at work” or in the community. For additional information, please contact Kathleen.martin@yale.edu

Does partial reimbursement apply to the Monthly Pass program?

The Monthly Pass program is already offered at a reduced rate of \$39.95 plus tax/month compared to the national rate of \$42.95 plus tax/month so the partial reimbursement program does not apply.

For any additional questions, please contact beingwell@yale.edu