



GET MORE FROM YOUR GLP-1

The GLP-1 Success Program from Weight Watchers® helps you prioritize protein, minimize side effects, and build habits that stick.

Tailored nutrition targets

Focus on tracking protein, fiber, and water to help you feel your best on the meds.

New medication tools

Stay on schedule with the med tracker and refill & dose reminders. You can also report side effects and get tips to minimize them.

Judgement-free support

Attend GLP-1 virtual Workshops and special events to learn from Coaches and experts, and connect with fellow members.

Expert guidance

Access strength-training videos to help build and maintain muscle, and get specific GLP-1 advice.

Save on a Core⁺ membership!

Sign up at ww.com/yaleuniversity for 50% discount*

Enable the "GLP-1 Success Program" in your program settings after enrolling.



*Pricing reflects the cost of an eligible WW membership plan through your organization. If your membership includes a monthly payment, it is required in advance. You'll be automatically charged each month, if applicable, in accordance with company pricing until you cancel. Pricing may adjust to the standard monthly rate if your relationship with your organization changes or terminates, or the agreement between your organization and WW terminates.

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